



FCR Complete Technology Rentals wishes you all A Very Happy and Prosperous New Year 2010.

In keeping with New Years traditions we have listed the top 10 New Years' resolutions for personal goals in 2010.along with websites to help you along the way.

Top 10 New Years' Resolutions

1. Lose Weight
<http://www.weightwatchers.com/>
2. Eat Better
<http://www.lespetitesgourmettes.com/>
3. Exercise
<http://www.Shape.com>
4. Form a budget and stick to it
<http://www.free-financial-advice.net/budget.xls>
5. Save money for a rainy day
<http://www.wikihow.com/Save-Money>
6. Become organized
<http://www.bhg.com/homekeeping/5-steps-to-organization/>
7. Keep current job or find a job
<http://www.amcareer.com/articles/>
8. Stop smoking
<http://www.anti-smoking.org/>
9. Become a better person
<http://www.ineedmotivation.com/blog/2008/03/become-a-better-person-in-just-7-days/>
10. Be more patient
<http://www.wikihow.com/Be-Patient>

Here are our recommendations for the top 10 New Years' resolutions for Business Technology in 2010.

1. I will not spend a dime on technology unless I earn a return on my investment (ROI).
2. I will back up data on a regular basis.
3. I will learn how to use my software.
4. I will learn how to manage my email.
5. I will find and store all the disks that came with my system in an accessible place.
6. I will keep my virus definitions up to date.
7. I will vigilantly maintain my contact database.
8. I will leverage the internet to lower my marketing costs.
9. *I will call FCR Complete Technology Rentals for all AV and Computer Rentals.*
10. *I will memorize FCR's phone number 480-860-8008 for all my service needs nationwide.*

Why FCR?

First Choice since 1986

First Choice for Reliable Equipment

First Choice for Reliable Customer Service

First Choice for Reliable Delivery

First Choice for Competitive Pricing

Contact Information

Phone	480.860.8008
Toll free	800.943.2245
Fax	480.860.6342

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[FCR Website](#)

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